



# Central American Relief Efforts

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*Mobilizing volunteers and humanitarian aid in the United States to benefit those in abject poverty in Central America.*

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## CARE Welcomes New Trip Coordinator



This year, a new Trip Coordinator has joined CARE. Kristi Philips spent January-March in Honduras working with volunteer groups and has returned to the office in Lancaster to work alongside Marc as he transitions out of his present role. Marc will continue with CARE through May and will remain a volunteer beyond his official end date to ensure a smooth transition.

"It was a pleasure to work with CARE's new Trip Coordinator, Kristi Philips," said Ryan McGonigle, Assistant Director of the

Franklin and Marshall College Ware Institute for Civic Engagement. "I was truly impressed by her leadership and organizational abilities throughout the trip. Providing medical assistance for 1366 people in three days is an incredible feat, which our students continue to discuss weeks after the trip, and we are counting the days until our next trip down to Honduras."

Kristi grew up in Iowa and attended the University of Northern Iowa before moving to New York to complete her M.A. at New York University. Kristi has studied, worked, and conducted research in Chile, Spain, Nicaragua, Brazil, Mexico, and Argentina and brings experience working with Latin American-focused non-profits.

In the US, Kristi serves as the main contact for volunteer groups,

coordinates office functions, and assists in fundraising efforts. In Honduras, she manages the responsibilities of CARE's Honduran staff and advisory board, travels with volunteer groups, and establishes relationships for future partnerships, projects, and work sites.

"I'm thrilled to be working with CARE and look forward to collaborating with our current partners and supporters to expand upon the great base that Steve and Marc have established," said Kristi. "I am excited to learn from the experiences of our past participants to continue to make our mission trips a worthwhile experience for our volunteers and to ensure that we continue to achieve our goals in terms of the aid we deliver to the high-need communities we serve in Honduras."

## 2013 Food Project with Kids Against Hunger

CARE has partnered with Kids Against Hunger to deliver a shipping container full of nutrient-enhanced meals to Honduras. In February, we distributed the food to 32 high-need schools and will continue to deliver food to the same schools at three-month intervals throughout the year to monitor the results of the project and foster our relationship with the beneficiary communities.

"This time of year, we see a lot of kids struggling in school, " ex-

plained the mayor of one collaborating community. "Because we are in the dry season, many parents are out of work entirely. If the kids are lucky, they may have a tortilla to eat during the day, but that's it. The rates of malnutrition are high, and many kids are anemic."

CARE is working to continue this project with Kids Against Hunger to sustain this service at the current beneficiary schools and to incorporate additional schools next school year.



### Interested in Volunteer Opportunities or Organizing a Mission Trip for your group?

Visit [www.carelief.org](http://www.carelief.org) to learn more about our programs, or email [kristi.philips@gmail.com](mailto:kristi.philips@gmail.com) or [carelief07@gmail.com](mailto:carelief07@gmail.com).

### Save the Date for our Fall 2013 Fundraiser!

Party with CARE, September 21. Contact our office for further details!

### Do you use eBay?

If you have an eBay seller account, please consider donating a portion of your sales to CARE through the PayPal Giving Fund.



### CARE Board of Directors:

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Please consider making a tax-deductible contribution to Central American Relief Efforts using the enclosed envelope or online at [www.carelief.org](http://www.carelief.org)

**CARE would like to recognize Les and Barb McCardell for generously volunteering three weeks of their time in Honduras to help run taste tests and training sessions for area teachers and parents before CARE began delivering food from Kids Against Hunger to Honduran schools.**

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**Want to Support a Project?  
Check Out Some of Our Current Goals!**

- \$35 provides prescription glasses for a child.
- \$50 donates anesthesia to a local dental professional.
- \$150 covers the costs of cataract surgery.
- \$200 covers one month of English classes for 20 Honduran students.
- \$1200 purchases medicine to start a self-sustaining pharmacy.
- \$2200 covers an academic year for a Honduran student to attend a bilingual school in Choluteca.
- \$4000 sends a shipping container of meals for children at 30 schools for a full year.

**Your donations to CARE are tax-deductible!**



**Fifth Annual Golf & Cocktail Fundraiser a Great Success**

Thank you to those who joined us at CARE's fifth annual Golf and Cocktail Fundraiser at Bent Creek Country Club and to this year's Hole Sponsors: PennPac, Eye Associates of Lancaster, Integrity Bank, Lancaster Leaf, Jackson's Window Shoppe, Tell Manufacturing, and O'Donnell & Phillips Family & Cosmetic Dentistry.

The first- and second-place teams were named sponsors of a Honduran dentist who travels to rural communities to provide dental hygiene clinics and dental work at schools and two levels of weekly English classes for Honduran students for a full year.

We appreciate your generous

support and look forward to seeing you again in 2014!



**Self-Sustaining Pharmacy Launched in Duyure**

This spring, CARE worked with local mayor, Céfida Bustillo de Guillén, to establish a self-sustaining pharmacy in Duyure, near San Marcos de Colon. Self-sustaining pharmacies are set-up in a community member's home in areas that have little-to-no access to affordable medicine. Pharmacies are primarily stocked with over-the-counter cold and allergy medication, and in some areas where there is a doctor who can write prescriptions, more specialized medications are made available.



**School Project in La Laguna Nears Completion**



project supervisor, Don Cristobal. "[The kids] used to have to walk to the school in San Antonio de Padua, and for a long time we've been fighting to have a school for them here in our own community. For a while, we tried to hold classes on the ground in the open spaces in the community."

Thanks to generous donations from Willow Valley Retirement Home and Penn Manor School, our school building project at La Laguna is near completion. The school will serve nearly 40 children who live in the area.

"Education for the kids in our community has been a big struggle," said

"The work here so far has been a great success, we will soon have our own school building...members of the community of La Laguna [are helping by] carrying the building materials up the road and by doing construction work. The members of the com-

munity are making a sacrifice to help with this project, everyone is helping and supporting this project." (See photos for progress from March to April 2013.)



**2013 Volunteer Group Updates**

We finished 2012 with volunteers from Purdue University and kicked off 2013 with groups from Grove City College and Lafayette College. In total, the December and January groups held 13 medical clinics!

A group led by Carol Martin held five days of dental clinics for school children in February to bring dental care to over 1400 children.

Teams from Vanderbilt University and Franklin and Marshall College spent spring break volunteering with CARE in March, holding nine medical clinics between the two universities.

Thanks to all of our volunteer groups for your contributions!

