



# Central American Relief Efforts

*Mobilizing volunteers and humanitarian aid in the United States to benefit populations in abject poverty in areas of Central America.*

## Newsletter

Central American Relief Efforts  
www.carelief.org

## Honduras in Crisis

Political turmoil in Honduras has left many without food.  
CARE has a plan to help.



### Central American Relief volunteer, Beatriz Espinal, delivers food to hungry villagers in San Antonio.

Due to current political turmoil in Honduras, the international aid community has discontinued aid to this country. Many Hondurans cannot afford basic food for living. Central American Relief wants to help feed the four municipalities we know and serve. We will begin a large scale food project to Honduras very soon. Marvin, Beatriz, and Marel, who are our trusted advisors in Honduras, have made contacts to insure the supplies will be used as directed by Central American Relief.

We can feed one person for one month with just \$6. \$18,000 will allow us to feed 10% of the population in the areas we serve. We hope to raise this money in the next few months. **A member of our Board of Directors has pledged \$5,000 as a matching gift to spur this special effort.** With this challenge, a gift of \$100 will feed 33 people.

Special circumstances require special efforts,. Our Honduran friends are struggling to maintain their constitutional democracy. Hondurans need our help now more than ever.

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### Upcoming Mission Trips

**Oct 7-11, 2009**  
Dental Mission

**January 3-9, 2010**  
Eye Screening and Dental  
Hygiene Mission

**February 20-27, 2010**  
Eye Screening and Dental  
Hygiene Mission

**March 14-20, 2010**  
Eye Mission

*Would you like to help with a mission trip. You do not need to be a medical professional to help.*

### Board of Directors

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**To : C A Relief**

**Enclosed Envelope**

**Or**

**www.carelief.org.**

**Bottom Left**

**"Donate Here"**



Villagers in San Antonio wait in line for their provision of food.



Those making the largest sacrifice are the elderly, who often have no income.

**In August, we provided 300 families with a month's supply of beans, rice, corn sugar and coffee.**

**The goal for our latest food drive is to feed 3,000 families, serving 10% of the population in the areas we know and serve.**



### *A message from the President*

By now most of our newsletter readers have an idea of what took place in Honduras on June 28, 2009. From my perspective, the Honduran people needed to uphold their constitution and this act should be respected by all true democracies. I believe that Hondurans are willing to admit that expulsion of their President is a debatable issue. What they are unwilling to do is subvert the Honduras Constitution and allow the influence of Chavismo to dominate their country for years to come. For this I am very proud of Honduras and grateful that Central American Relief Efforts can provide humanitarian aid to a country struggling to maintain a true democracy.

Steve Mentzer,  
President,  
Central American Relief Efforts

## Five Dental Chairs

On October 7, 2009 a group of dental professionals will go to Honduras to meet with the dental coordinators of two counties. These Honduran and American dental professionals will decide where to locate the five donated dental chairs. The chairs will allow the Hondurans to provide dental care to an area that currently has no professional dental care.



CARE volunteers, Forrest Lovett, Jack Barry and Austin High help to unload 550 wheelchairs bound for Honduras.

## St. Thomas Church supports Central American Relief Efforts

The members at St. Thomas Episcopal Church have become very good friends to Central American Relief Efforts. Volunteers from St. Thomas meet every third Thursday to sort through donated medical supplies bound for *Hospital San Lorenzo*, one of the hospitals renovated and supported by CARE. The church provides office space for CARE staff.

Now, the Mission and Outreach Committee at St. Thomas has elected to raise enough money to send a forty-foot container filled with medical supplies, clothing, and other necessities, to Honduras through a special offering in October.



Volunteers at St. Thomas Episcopal Church meet monthly to sort through medical supplies bound for Honduras.

## 550 Wheelchairs

Five hundred and fifty unassembled wheelchairs arrived in Honduras and were unloaded in Pespire. The chairs will be distributed to hospitals, clinics, Rotary Clubs, and individuals by Central American Relief. This project is being completed in cooperation with Free Wheelchair Mission in California.

## Volunteers from First Presbyterian Church renovate eye clinic

Central American Relief Efforts and First Presbyterian Church provided the funding to renovate an old school into an eye exam clinic. A group of one-week missionaries, many from First Presbyterian Church, worked on the exam clinic in June. Volunteers included teenagers Jack Barry, Caroline Barry, Leah Godin, Christine Sharp, Forrest Lovett and Austin High.

When finished, the clinic will be operated by our Honduran optical partners. This is the only low-cost eye-care provider in a two county area and serves our target area with eye glasses and eye