

Donations:

All gifts are tax deductible

- Financial contributions
- Dental, medical, and school supplies
- Sponsor an individual participating on a mission trip

All donations should be sent to:

Central American Relief Efforts

Attn: Carol Martin

301 St. Thomas Rd.

Lancaster, PA 17601



Are You Ready to Join Us?

Dental volunteers are essential!

This means we need you...

- ❖ Visit the CARE website: www.carelf.org
- ❖ Contact Carol Martin : cmartin859@windstream.net
- ❖ Cost of a trip: \$1000.00 plus Airfare.
A current passport is required.
Up to date vaccinations are required.

Non-Dental volunteers needed to:

Perform eye screening

Dental education



Dental Health Mission Trips

Mission Statement:

- ❖ Encourage volunteers in the United States and Central American countries to collect and deliver \$400,000 in humanitarian aid to Honduras.
- ❖ Foster positive relationships between the United States and Central American countries.
- ❖ Collect and distribute donated items, including medical equipment, medical supplies, clothing, etc., from North America.
- ❖ Work with current non profits that collect and provide humanitarian aid materials for volunteer missionaries.



Ways to Get Involved:

- ❖ Join us on a dental mission trip
 - Step outside your comfort zone. Jump on a plane and join us on a week-long dental mission trip in Honduras.
- ❖ Donate money towards dental supplies
- ❖ Monetarily sponsor a member of the dental mission team
- ❖ Donate dental supplies (fluoride varnish, tooth paste, tooth brushes, dental anesthetics, needles, etc.)
- ❖ Donate school supplies (pens, pencils, paper, crayons, rulers, erasers, etc.)



HONDURAS FACTS:

Weather: 90s or higher during the day and 80s at night

Language: Spanish

Religion: 97% Roman Catholic

Location: Central America

Many Hondurans live in abject poverty

