

General Travel Information and Tips

1. Carry a list of important phone numbers with you, not in checked bags.
2. Copy of the first two pages of your passport should be carried in a place different from the original in case it is lost. **You should also carry two passport-sized photos with you.** If your passport is lost this will help with the process of getting a new one.
3. You are allowed two checked bags with a limit of 40 lbs. At least one will be used for medicines. One carry on is allowed with a 40 lbs limit. Take a change of clothing in your carry on in addition to other essentials: personal medicine, glasses, camera, etc.
4. Make sure luggage is checked to the final destination. Tag luggage with a ribbon.
5. Prior to landing you will be asked to fill out a Customs and Immigration Form. Keep this form with your passport. You will be entering as a tourist.
List "Comision cristiana de desarolla" Centro de Capacitacion Monte Carmelo
6. You will need to keep \$33 aside for the airport tax at departure.
7. If there is a problem numbers are;(from the US 011-504- then the number) in Honduras 504-then the number

Comision cristiana de desarolla 504-252-6748

Upon Arrival – Have your baggage claim number ready. Once baggage is assembled the team will leave the airport together to the transportation outside the airport. The team leader will arrange for someone to handle the luggage from the airport to the ground transportation. There will be a crowd outside the airport and you should be alert. Money can be changed outside the airport with the supervision of the team leader.

Once in Honduras – A coordinator will accompany volunteers shopping on the last day. Large US denominations and Travelers Checks are not readily accepted. Credit Cards are used more frequently.

Very few cell phones work in Honduras. You can use phones at internet café for a very low cost.(.30 per minute).